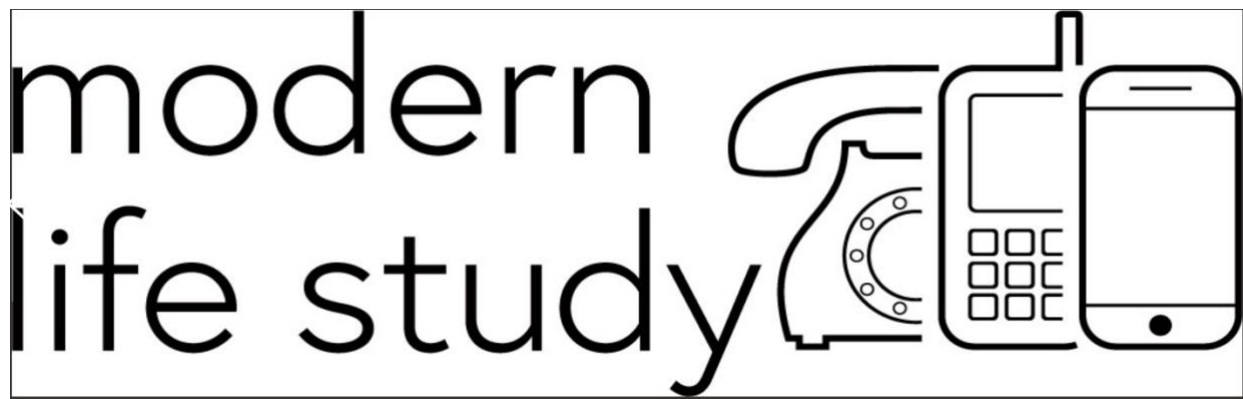




Participant Information and Consent Form

Thank you for taking part in the Modern Life Study: Digital Parenting

You will receive \$20 remuneration for taking part in this survey (and \$30 if you take part in wave 2 of this survey in 2026).

We are interested in your experiences as a parent and your teen's social media use. Our universities, University of Western Australia and Edith Cowan University invite you to participate in the Modern Life Study: Digital Parenting.

Informed Consent

If you require more information about the survey, then please choose to read on. This information is also available at the end of the survey. To participate you must be 18 years old or older, living in Australia, and a parent or caregiver of a young person aged 9-15 years. Please select one of the options below:

- ☐ I am affirming my consent to participate in the survey completion and submission of the survey.
- ☐ I will consent after reading more information.

Please read the following to provide consent below:

Thank you for your interest in the ModernLife Study: Digital Parenting. We appreciate your time and important contribution to research on social media use in Australia, especially in relation to parenting.

The expected benefits of the research

It is expected that this project will not directly benefit the participants; however, your involvement will provide valuable information that may expand our current understanding of social media use, parenting and wellbeing as well as inform future research and parenting initiatives.

Risks to you

There are no foreseeable risks associated with participation in this study. However, if you feel distressed in any way during or following your participation in this study, you can contact Lifeline (13 11 14; <https://www.lifeline.org.au/>) or Beyond Blue (1300 22 4636; <https://www.beyondblue.org.au/>) who offer free 24-hour phone-counselling services. In relation to parenting, you can contact <https://raisingchildren.net.au/> or <https://parentingrc.org.au/> for support.

Your confidentiality

Your personal responses will remain confidential and none of your information will be publicly identifiable. You will be asked to take part in two online surveys with the second survey being completed in early-mid 2026. Responses to the on-line survey will form part of a large data response set, which will be stored securely via an encrypted file on a password protected Sharepoint file that only project researchers will have access to. All data submitted online will be protected by firewall systems and secure methods, in compliance with legislation.

The researchers are conducting this survey in partnership with NORC Research Centre. NORC is a non-profit social research organisation based at the University of Chicago. NORC will not store copies of the information you provide in the survey. Any information that you provide will not be used by NORC or any commercial third parties. NORC have no commercial interest in the data collected.

Although some identifiable information will be collected by the research team (token to enter the survey which will be attached to your mobile number), this information will be stored separately from responses. This information will also be stored securely and will be destroyed at the end of the study. This information will not be shared in any way.

The dataset may be kept for up to seven years, in accordance with Australian guidelines and Journal publication guidelines. All participant information will be aggregated in any future publications.

Your participation is voluntary

Your participation is voluntary and you are free to withdraw without reason, up until you submit your survey response. If you withdraw from the study your data will not be used and it will be destroyed. To withdraw from the study, you will need to close out the survey before submitting it. All submitted survey responses cannot be identified and therefore cannot be deleted once they have been submitted.

De-identified study data will be made available publicly via the Open Science Framework (you will never be identified in this data). Providing the data to the Open Science Framework will allow other research teams to re-use the data and assist in furthering our understanding of digital parenting.

For further information or concerns regarding this study, please contact a member of the research team: Bep Uink (B.Uink@ecu.edu.au) and Dr. Kathryn Modecki (Kathryn.modecki@uwa.edu.au)

Feedback to you

No automatic feedback will be given to you; however results will be provided on the ModernLifeStudy.com webpage.

This study, in line with Edith Cowan University, conducts research in accordance with the National Statement on Ethical Conduct in Human Research (2007; permit number).

If you have any concerns or complaints about the ethical conduct of the research project you should contact the Research Ethics on +61 08 6304 2170 or

Privacy Statement

The conduct of this research involves the collection, access and/or use of your identified personal information (mobile phone #). The information collected is confidential and will not be disclosed to third parties without your consent, except to meet government, legal or other regulatory authority requirements. A de-identified copy of this data may be used for other research purposes. However, your anonymity will at all times be safeguarded.

Consent to participate

In addition to affirming the consent to participate in the survey question, completion and submission of the survey will be accepted as informed consent to participate.

I confirm that I have read and understood the information package and in particular have noted that:

- I understand that my involvement in this research will include the completion of two online short (10-15 minute) surveys (dependent on skip pattern)
- I understand that there will be no direct benefit to me from my participation in this research
- I understand that my participation in this research is voluntary and in no way will affect my relationship with the research team
- I understand that if I have any additional questions, I can contact the research team
- I understand that I am free to withdraw at any time prior to submitting my survey responses, without explanation or penalty
- I understand that I can contact Research Ethics, at Edith Cowan University Human Research Ethics Committee on +61-8 6304 2170 (or research.ethics@ecu.edu.au) if I have any concerns about the ethical conduct of the project
- I agree for my unidentifiable data to be included in the publication of this study, and
- I agree for my deidentified responses to be shared within an aggregate data file with other researchers via the Open Science Framework, and
- I agree to participate in this study.
 - **Yes I Consent and I am 18 or over and a parent or caregiver. I wish to receive a \$20 remuneration (\$30 for wave 2).**
 - **No I do not Consent.**